

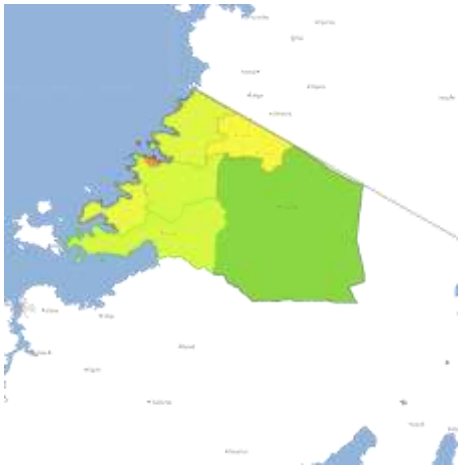
Annual Report 2019 Bethsaida Health Centre

Musoma, Mara, Tanzania



This map is an approximation of actual country borders.

Mara Region



Musoma



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Mara region

1. Statistics

Total population (2016)	55,572,000
Gross national income per capita (PPP international \$, 2013)	1,750
Life expectancy at birth m/f (years, 2016)	62/66
Probability of dying under five (per 1 000 live births, 2018)	53
Probability of dying between 15 and 60 years m/f (per 1 000 population, 2016)	299/222
Total expenditure on health per capita (Intl \$, 2014)	137
Total expenditure on health as % of GDP (2014)	5.6

Latest data available from the [Global Health Observatory](#)

Subdivision

The population development in Mara as well as related information and services (Wikipedia, Google, images). The green rows are the service areas of Bethsaida

<u>Name</u>	<u>Status</u>	<u>Population</u>	<u>Population</u>	<u>Population</u>
		Census 1988-08-27	Census 2002-08-01	Census 2012-08-26
<u>Mara</u>	Region	946,418	1,363,397	1,743,830
<u>Bunda</u>	District	201,164	258,930	335,061
<u>Butiama</u>	District	241,732
<u>Musoma Municipal</u>	Municipality	68,437	107,855	134,327
<u>Musoma Rural</u>	District	178,356
<u>Rorya</u>	District	265,241
<u>Serengeti</u>	District	111,689	176,057	249,420
<u>Tarime</u>	District	339,693
Tanzania	United Republic	23,174,336	34,443,603	44,928,923

Source: National Bureau of Statistics Tanzania (web).

Explanation: Area figures of districts are calculated from geospatial data.

2. Bethsaida, a Health Centre with a Home Care facility

Our Mission and policy

We let us inspire by the New Testament in the Bible, John 5, where Jesus heals a young man he went to at the pool of Bethsaida.

For Bethsaida it means that when a patient is not able to come to the Health Centre, we go to the patient.

Our way of working

We strive to cling to the aims of the Tanzanian development goals and to the development targets of the United Nations.

Our care and cure is available for everybody. Bethsaida offers also care to the patients at their homes in case they cannot reach the Health Centre.

We work in a poor surrounding with limited financial sources. We want to give quality and good medical and nursing care to vulnerable and poor persons.

We work as much as possible together with local authorities and organizations.

We work in the Health Centre and also we go in our area and give home care. We want to give quality and good health care.

We offer medical care, diagnostic and preventive care. We cooperate with initiatives about Health Care education, sexual information and education about Mother and Child Health Care.

We cling on a respectful approach towards our patients and to our workers in our team as well. We respect ethical standards.



Department of Reproductive Child Health Care, where we need the new building for.

3. Population structure

Further information about the population structure:

Males 48.2%

Females 51.8%

Gender (C 2012)	
Males	840,020
Females	903,810

Urbanization (C 2012)	
Rural	1,440,418
Urban	303,412

Age Groups (C 2012)	
0-14 years	864,791
15-64 years	817,922
65+ years	61,117

Age Distribution (C 2012)	
0-9 years	624,883
10-19 years	414,923
30-39 years	177,322
40-49 years	113,640
50-59 years	70,875
60-69 years	44,482
70-79 years	27,796
80+ years	15,905

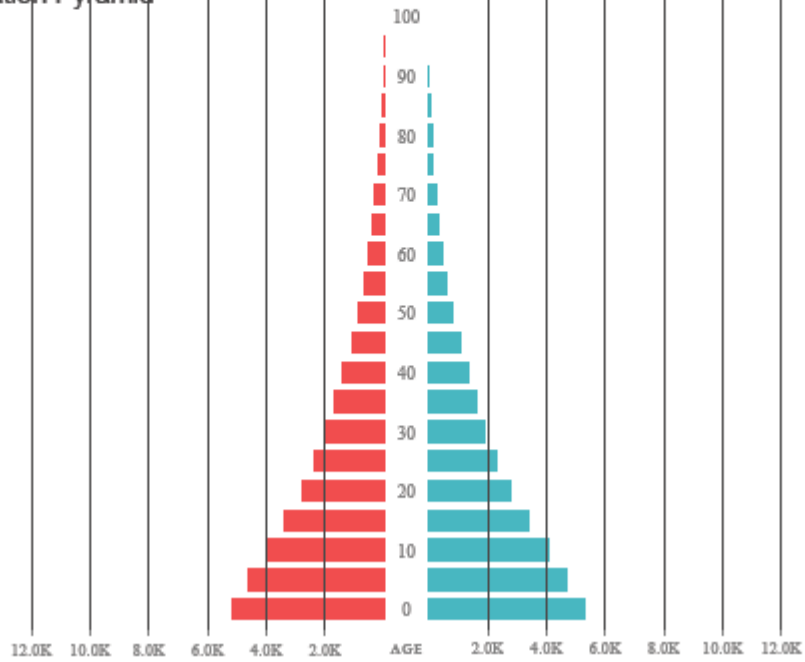
The waiting hall



Demographic Dividend: Tanzania, United Republic of

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Population Pyramid



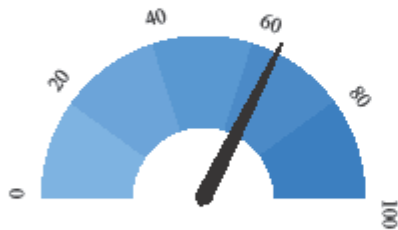
Number of women/men in a given age group
Population in thousands

Life Expectancy

Men Women

At birth

Life expectancy is 65



Total fertility rate

Total fertility rate is 4.92



Select year range



Year : 2020



4. Photo's



5. Contact data

Bethsaida Health Centre
Chirangi street, Kwangwa Area
P.O. Box 666, Musoma Tanzania
Tel No: +255 764081901 / +255 786235626: Millicent Rabach, General Manager
Website: www.bethsidachd.org

6. Foundation Friends of Bethsaida

For Bethsaida we established in 2018 the Netherlands a foundation with a charitable status which has the name Friends of Bethsaida. The meaning of this foundation is fund raising. For more information look at our website.

7. New Building

We made a good start with the new Mother- and Child Health Care building. The problem is that we could only get a building permit if we should make a big extension for deliveries. That means that it becomes much more expensive.



8. Volunteers

The Swiss physiotherapist Lisa Ringli arrived in January 2019. She was intended to stay for 3 years and train a nurse in Bethsaida. We prepared for her a good office inside of Bethsaida to be the Physiotherapy Room. The patients would thus be able to come for physiotherapy to Bethsaida, but meanwhile we also continued to deliver that service as part of Home Care visits. Unfortunately, Interteam got also a claim of the tax authority TRA. They closed their office in Tanzania and withdraw their volunteers. Also, Lisa was one of them. This was terrible.

Also there came two students of a Bachelor course for nursing of the University of Utrecht in The Netherlands for two months. If their feed-back is positive, we might have students each year from this University.

According to Millicent the 2 students Noor and Floor who came by the end of 2019 participated fully and interacted well with the community at large. They want to come back.



Inter- culturalization: Floor and Noor, Students from Utrecht University and a medical attendant and Dr. Rogers.

Because there are coming students or graduates who just finished their education as nurses, occupational therapists, or physiotherapists, we rented a house for them on 10 minutes walking distance from Bethsaida. This house is safe, has clean water and electricity. It has 3 bedrooms with a bathroom, a store, another small room and a kitchen.

9. Services we offer

Health services at the Centre.

Medical- and Nursing care, Contraceptive and Cervical Cancer screening, Ultrasounds and ECG's, all laboratory investigations, Counselling & Testing, Palliative Care including Pain Management, Ensuring patients' Medical Adherence, Psychological- and social support, Nutritional Guidance & Food Support, Preventive and Health Education, Support equipment for disabled patients, physiotherapy.

Health services at home.

Bethsaida Health Centre offers Home care and physiotherapy to everybody who is not able to come to the Centre.

It is all inclusive care, meaning there is no differentiation in the type of illness or disability a patient has.

Since we are working as a non-profit organization, we consider humanity first.

To those who cannot donate for their treatment, we treat them for free.

10. Stories about Bethsaida's work

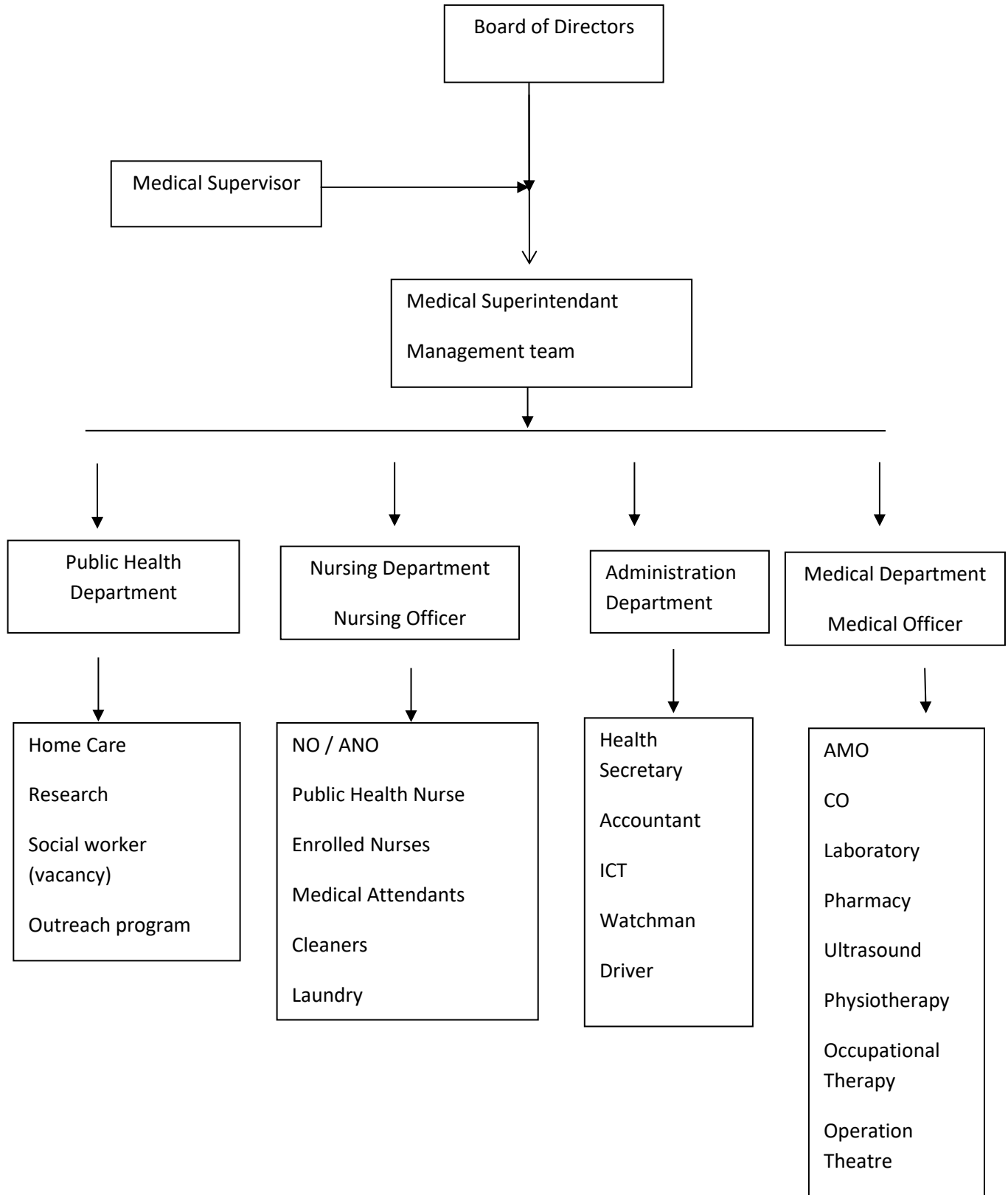
There came a child (date of birth 21 August 2018) who was brought by his grandmother. His parents died. He is suffering from Cerebral Palsy and he has sometimes an attack of epilepsy, which he inherited from his late mother who died just two days after giving birth. They advised him that he could benefit from a neurologist of which she is not capable to pay. We will try to consult a neurologist from Bugando Medical Centre in Mwanza for further investigation. Also we consulted Sjoukje Wethmar, Dutch Mennonite physiotherapist, by telephone.

And also Nyantira, a secondary school girl, who is in our adoption program. She got a huge wound from about 20 by 30 cm on her right foot and leg. The skin was totally gone. I suppose she did not know what to do but my gardener attended her problem to me. She lives in Itaro, very far away from my house. There is no medical post in the neighbourhood. We went there in the middle of nowhere where we also saw the 3 children on the picture on page 14. All of them, like Nyantira, are orphans, no father, no mother. I spoke with the two grandmothers who are taking care of these children. The grandmothers asked for a special type of soap because their skin is itching because they are washing themselves with dirty water. In the rural areas the situations for human beings are terribly bad.

There was a woman who lives nearby and her expected date of delivery had matured. So, she decided to come to the nearby Health Centre, which was Bethsaida, to give birth. Unfortunately, she was not able to reach Bethsaida and the husband went outside shouting for help. The voice was heard by a neighbour next door to Bethsaida. It was in the middle of the night. The workers there heard it and rushed to the place with a delivery pack and helped the mother to deliver the baby as well as the placenta. After this procedure the mother and the new baby, after wrapping the baby in a piece of cloth (kanga/kitenge) were rushed to Bethsaida for complete nursing care in maternity ward as well as close observation for two hours before transferring to postnatal ward. They stood for 48 hours and went home being very happy with baby caps from Bethsaida. They were given health education and to come back for RCHC service.

Another story is about 45 years' old women who was used to go to Nyakato Dispensary for her anti-natal care contacts. But in Nyakato there was no RCH nurse that day because she went for a training. She therefore decided to go to Bethsaida. Her business was selling fish at the market and she was not aware of her date to deliver. But Millicent told her that she will deliver within two hours from that moment. Since the women did not believe Millicent she went back to the market. After a little time, she started feeling signs for labour. That is when she rushed on a boda-boda (motor bicycle) to the regional hospital and delivered at the reception. Two days after discharge she came with her Babyboy to Bethsaida, to show it. She will keep on coming to Bethsaida for RCHC services.

11. ORGANOGRAM BETHSAIDA CENTRE FOR HEALTH AND DEVELOPMENT



CO-DIRECTORS

Mr. Dr. Musuto Chirangi, PhD
Mr. Dr. Jumanne Magiri, MPH

ADVISOR TO THE BOARD

Mrs. Elisabeth de Quant, BHM

MEDICAL SUPERVISOR

Mr. Dr. Bwire Chirangi MSc, MPH

MANAGEMENT TEAM

Dr. Waryoba, : Assistant Medical Officer (AMO)
Mrs. Millicent Rabach : General Manager, Nursing Officer
Mrs. Leticia Magero : Lab assistant

Millicent, Dr. Steven and Dr. Waryoba



12. Donors 2019

Our donors in 2019 were:

Mennonite Congregation in The Hague, The Netherlands

Many gifts from individual persons in The Netherlands

Mennonite World Work, organization for solidarity and peace, The Netherlands

Protestant Churches in The Netherlands: Rijswijk, Maastricht

Fund Bilthoven through the Algemene Doopsgezinde Societeit (ADS)

RK fund for Special Health Care

We thank God and everybody who is willing to support Bethsaida.

YOUR GIFT SAVES LIVES

13. Top-ten diseases

1. Malaria
2. Urine Tract Infection
3. Diarrhoea
4. Schistosomiasis
5. Intestinal worms
6. Anaemia
7. Clinical Aids
8. Pneumonia
9. Pelvic Inflammatory Disease
10. Tuberculosis



14. Special Visitors

1. Public Service International (PSI) Mara: they came 4 times (quarterly basis) for supportive supervision about Cervical Cancer screening and Contraceptive procedures.
2. NSSF: 3x for discussions about payments.
3. Government Dar es Salaam: Dr.Kamuli. He came for the gynaecological issues.
4. NHIF Mara: they came 1 time for supervision.
5. RHMC (Regional Health Management team – RNO Mara): 1x for supervision: for quality improvement and baseline assessment.
6. Jhpiego (to pronounce: Japaigo) / US Aid: 2 x for quality improvement and plan of action; they work with Nursing Departments; they do trainings on the job also.
7. Musoma Municipal Trade Officer: dealing with matters of procurement.
8. Manager of Health and Social Work from Dar es Salaam 2x for star rating assessment; Bethsaida got 2 stars out of 5
9. Aids Relief: 2 x for assessment about having a CTC; they brought HIV test kits for free.
10. Fire and Rescue Force: the fire extinguishers have been replaced. The expire date was June 2019.
11. APHTA: they invited us about keeping good records. They come for data collection and supervision.
12. Peacemakers for Albinism for health education about Albinism to spread this knowledge in the area. Bethsaida treats them because of this knowledge in case they need medical treatment.
13. The medical supervisor Dr.Chirangi came several times for supervision.
14. PPP Coordinator Musoma, Yusuf G. Makena,
15. District Nursing Officer with a team for mentorship and supervision.
16. TRA: about claim
17. Drug and Food Authority: inspection of Drugs.
18. IPC: infection prevention Control, Mr. E. Honest. Came together with the PSI team.
19. Inter Team, they send after a long procedure a physiotherapist for 3 years. Unfortunately Interteam was also charged by the TRA. That made Interteam to finish all the work in Tanzania and Lisa went out.
20. Musoma Municipal Counsel: for environmental supportive supervision, also for the lab where they initiated the clinic for TB.
21. North Coast Medical Training Collage Mombassa Kenia. To see if there was a need in Bethsaida. They train in obstetric ultrasound.
22. Marie Stopes Foundation, they do the outreach Family Planning.
23. Pyramid Tanzania: they came to have a look at their machines: the Biochemistry Machine and the Haematology Machine.
24. BRN, Big Results Now assessment from external auditors of the Government.
25. Bulk Fire Engineering Company Ltd.
26. Ward Executive Officer, how Bethsaida is performing.

15. Cooperation with other organizations

1. Doopsgezind WereldWerk (dgWW, The Netherlands): general support.
2. Municipality of Musoma: provision of RCHC needs like vaccines, family planning methods.
3. Public Service International (PSI): for Family Planning and seminars for workers. Through this organization Millicent Rabach, the Matron of Bethsaida was trained for giving services as Long Acting Reversible Contraception (LARC) and Cervical Cancer Screening.
4. APHTA: Association for Private Health Sector in Tanzania: representing the Private Health Care sector towards the government for matters as the PPP. Furthermore they help with medical materials, they organize relevant seminars. From APHTA I learned that in the whole MARA region of which Musoma is the capital, there is no Private Health Institution like Bethsaida which has a Public Private Partnership signed with the local Musoma Government. APHTA organized many meetings with this local government and their members but up to today there was no concrete result.
5. NHIF: this is the National Health Insurance Fund. We have a contract with them. 45% of all our patients are under NHIF.
6. Anglican Church. They work on Home Care for HIV/Aids patients and when necessary they always bring their patients to Bethsaida.
7. Musoma Referral Hospital, in all kind of ways.
8. DMO, Dr. Honoratha, Regional Medical Officer (Mara).
9. DNO, Mrs Nurath Hassan, District Nursing Officer (Musoma).
10. RNO, Regional Nursing Officer (Mara). Mr. Francis Mwanisi
11. Lake Victoria Disability Centre, Musoma
12. Mwenyekiti (village head) of Kwangwa area.

16. Challenges 2020

- Open a CTC Department. This is for Counselling and Testing persons who might be HIV infected. If we have room, this service will be established by the government. *We are waiting until the new building is ready. Than we can use the 3 small rooms that are presently in use of RCH.*
- Dentist, this will be realized when the new rooms are constructed. By that time there will be a room available inside the main building.
- Millicent Rabach, our matron, will follow a course to make and read ultrasounds. This will bring again an extra service to Bethsaida.