

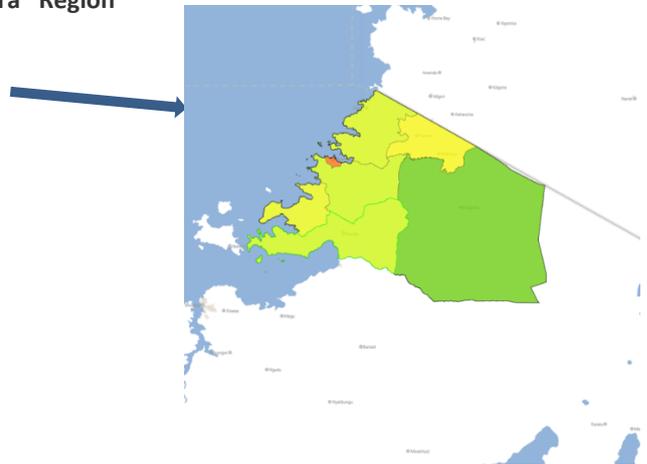
BETHSAIDA CHD

Centre for Health & Development

Annual Report 2021 Bethsaida Health Centre Musoma, Mara, Tanzania



Mara Region



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1. Our new NGO : Bethesda Health Innovations

The status of Bethsaida as a non for Profit Company without shares, was changed into an NGO. This NGO is an “umbrella” under which Bethsaida Health Centre is operating. Its name is Bethesda Health Innovations.

2. Bethsaida, a Health Centre with a Home Care facility

Our Mission and policy

We let us inspire by the New Testament in the Bible, John 5, where Jesus heals a young man he went to at the pool of Bethsaida.

For Bethsaida it means that when a patient is not able to come to the Health Centre, we go to the patient.

Our way of working

We strive to cling to the aims of the Tanzanian development goals and to the development targets of the United Nations.

Our care and cure is available for everybody. Bethsaida offers also care to the patients at their homes in case they cannot reach the Health Centre.

We work in a poor surrounding with limited financial sources. We want to give quality and good medical and nursing care to vulnerable and poor persons.

We work as much as possible together with local authorities and organizations. We work in the Health Centre and also we go in our area and give home care.

We offer medical care, diagnostic and preventive care. We cooperate with initiatives about Health Care education, sexual information and education about Mother and Child Health Care.

We cling on a respectful approach towards our patients and to our workers in our team as well. We respect ethical standards.



Department of Reproductive Child Health Care, where we need the new building for.

Age Distribution (C 2012)	
0-9 years	624,883
0-19 years	414,923
30-39 years	177,322
40-49 years	113,640
50-59 years	70,875
60-69 years	44,482
70-79 years	27,796
80+ years	15,905

There came no volunteers in 2021 because of Corona. But one of the volunteers from Utrecht , Floor, the most right one on the picture, she got corona after being back in the Netherlands. Her friend Noor, also in the picture with blond hair, she send an email to Millicent together with Dr. Rojaz to tell them that.

Foto right under: Floor and Noor, students from Utrecht University and a Clinical Officer Dr. Rojaz.

Foto left under: Risa, our physiotherapist from Interteam (Switzerland) at work in Bethsaida.

For these students or graduates who just finished their education as nurses, occupational therapists, or physiotherapists, we rented a house for them on 10 minutes walking distance from Bethsaida. This house is safe, has clean water and electricity. It has 3 bedrooms with a bathroom, a store, another small room and a kitchen.



3. Contact data

Bethsaida Health Centre
Chirangi street, Kwangwa Area
P.O. Box 666, Musoma Tanzania
Tel No: +255 764081901 / +255 786235626: Millicent Rabach, General Manager
Website: www.bethsaidachd.org

4. Foundation Friends of Bethsaida

For Bethsaida we established in 2018 in the Netherlands a foundation with a charitable status which has the name Friends of Bethsaida. The meaning of this foundation is fund raising. For more information look at our website, Friends of Bethsaida: www.bethsaidachd.org.

5. New Building

The new building is ready for 75 %. Also the corridor, the connection with the old building and the new building is ready and perfect.



The corridor seen from both sides



The corridor entering the new building



Above: the back and side of the building

Under: the front of the building



6. Services we offer

Health services at the Centre.

Medical- and Nursing care, Contraceptive and Cervical Cancer screening, Ultrasounds and ECG's, all laboratory investigations, Counselling & Testing, Palliative Care including Pain Management, Ensuring patients' Medical Adherence, Psychological- and social support, Nutritional Guidance & Food Support, Preventive and Health Education, Support equipment for disabled patients, physiotherapy.

Health services at home.

Bethsaida Health Centre offers Home care and physiotherapy to everybody who is not able to come to the Centre.

It is all inclusive care, meaning there is no differentiation in the type of illness or disability a patient has. To those who cannot donate for their treatment, we treat them for free.

7. Stories about Bethsaida's work

The grandmother and her grandchild

There came a child (date of birth 21 august 2018) who was brought by his grandmother. His parents died. He is suffering from Cerebral Palsy and he has sometimes an attack of epilepsy, which he inherited from his late mother who died just two days after giving birth. They advised him that he could benefit from a neurologist of which the grandmother is not capable to pay. We will try to consult a neurologist from Bugando Medical Centre in Mwanza for further investigation. Also we consulted Sjoukje Wethmar, Dutch Mennonite physiotherapist, by telephone. In 2021 Bethsaida still takes care for the grandmother and this child. They come twice per week to Bethsaida.

The huge wound of Nyantira, a matter of Home Care.

And also Nyantira, a secondary school girl, who is in the adoption program of Mennonite WorldWork. She got a huge wound from about 20 by 30 cm on her right foot and leg. The skin was totally gone. I suppose she did not know what to do but my gardener attended her problem to me. She lives in Itaro, very far away from my house. There is no medical post in the neighbourhood. In the middle of nowhere were we also saw many children. All of them, like Nyantira, are orphans, no father, no mother. We spoke with the two grandmothers who are taking care of these children. The grandmothers asked for a special type of soap because their skin is itching because they are washing themselves with dirty water. In the rural areas the situations for human beings are terribly bad.

In 2020 - 2021 Bethsaida made a follow up with dr. Steven Ngusa, one of our Clinical Officers, to go to Itaro for wound dressing and to make a follow up. Also she walked many times by herself to Bethsaida. The wound healed perfectly.

The foreseen delivery.

Another story is about 45 years' old women who was used to go to Nyakato Dispensary for her anti-natal care checks. But in Nyakato there was no RCH nurse that day because she went for a training. She therefore decided to go to Bethsaida. Her business was selling fish at the market and she was not aware of her date to deliver. But Millicent told her that she will deliver within two hours from that moment. Since the women did not believe Millicent she went back to the market.

After a little time, she started feeling signs for labour. That is when she rushed on a boda-boda (motor cycle) to the regional hospital and delivered at the reception.

Two days after discharge she came with her babyboy to Bethsaida, to show him.

She keeps on coming to Bethsaida for RCHC services up to this moment, July 2021.

Referral to Bethsaida.

There came a women to Bethsaida who got an IUCD, (een spiraaltje, in Dutch), Intra Uterine Contraceptive Device (CUT380 A) after delivery. Because of her abdominal pain, she was advised to go to Bethsaida to the RCHC clinic. She heard that there was knowledge about IUCD's where the providers could help her. Here in Bethsaida we are implementing IUCD's ourselves. She came and was examined by Ultrasound and than the doctor found that the IUCD was out of the uterus. This sometimes happens when it is not implemented well. After this she got an operation to remove the IUCD.

8. Corona in Bethsaida

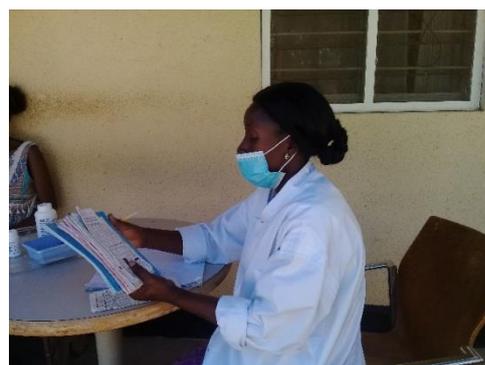
In 2020 there came 4 patients whom were suspected of having Corona because of the infrared thermometer which was bought before we left in 2020 in April. All of them had at the same time all the signs and symptoms of Corona like having high fever and coughing like bronchitis and difficulties in breathing. They were admitted in Bethsaida for some hours. After their positive tests Millicent consulted the specialized team for Corona. They came to Bethsaida and all of them were taken to the specialized centre for Corona in Makoko. Millicent found out that under them was one pregnant women. She came from Majita which is a village far away. Later she went back home and delivered at home with a Traditional Birth Attendant, which is dangerous because you can get complicated any time.

Later there came another Corona positive patient who was admitted for 24 hours. Than the same team from Makoko came. The man was not willing. He wanted to stay in Bethsaida but the other Centre in Makoko was a specialized Centre and for that reason better for the patient. Finally he agreed after being counceled by the team.

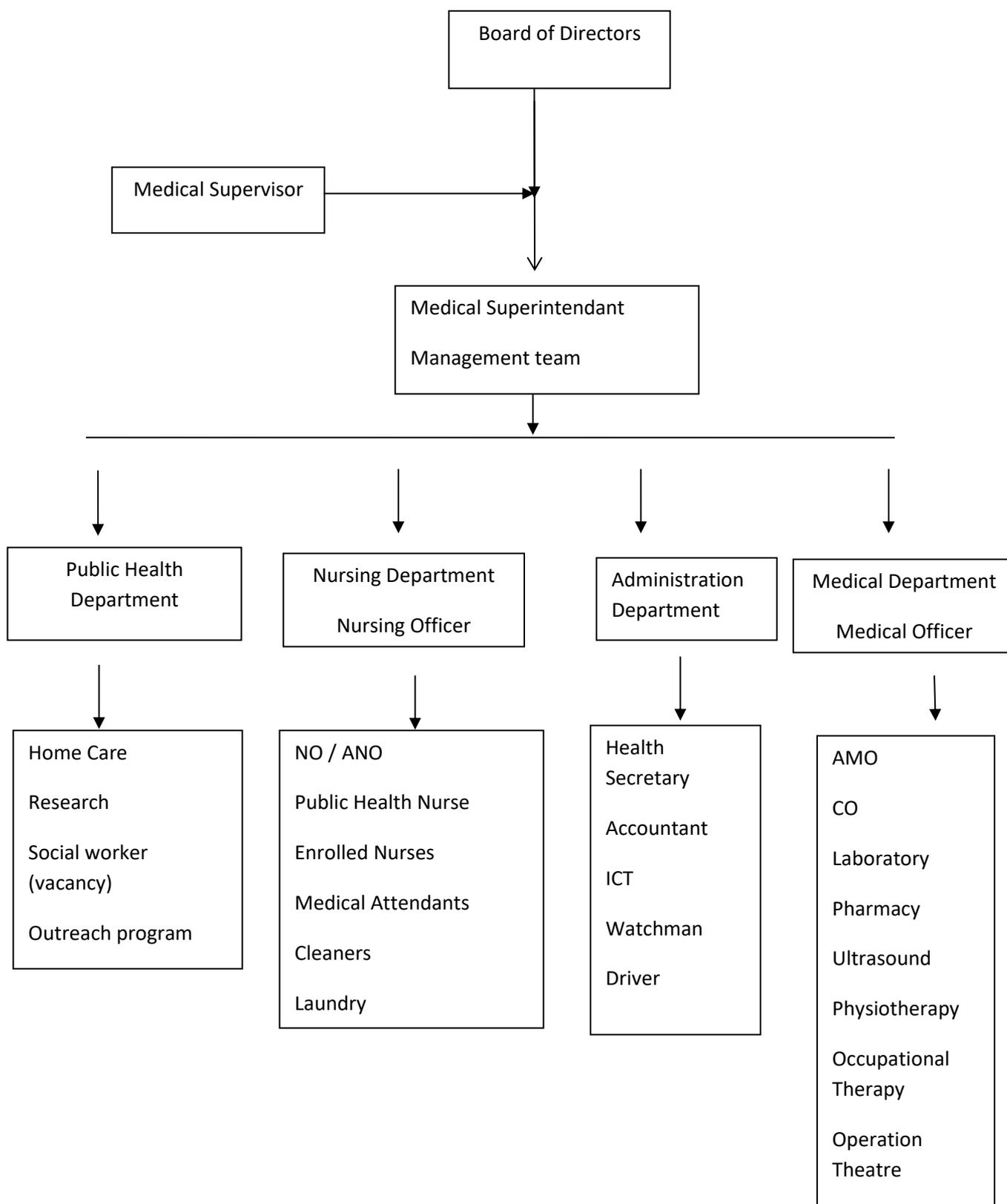


Asteria, RCHC nurse

The Lab technologist (part-time) and the Lab assistant



9. ORGANOGRAM BETHSAIDA CENTRE FOR HEALTH AND DEVELOPMENT



CO-DIRECTORS

Mr. Dr. Musuto Chirangi, Phd
Mr. Dr. Jumanne Magiri, MPH

ADVISOR TO THE BOARD

Mrs. Elisabeth de Quant, BHM

MEDICAL SUPERVISOR

Mr. Dr. Bwire Chirangi MSc, MPH

MANAGEMENT TEAM

Dr. Waryoba, : Assistant Medical Officer (AMO)
Mrs. Millicent Rabach : General Manager, Nursing Officer
Mrs. Leticia Magero : Lab assistant
Dr. Steven Ngusa : Clinical Officer
Dr. Rojaz Steven: : Clinical Officer
Mr. Rober Mochomba: accountant
Mrs. Asteria : RCH nurse.
Mrs. Leticia Magero : lab. assistant

Dr. Alfred Waryoba, Assistant Medical Officer



Dr. Steven Rojaz, Clinical Officer



Leticia Magero, Lab. assistant



Mukongoki, Driver



10. Donors 2021

Our donors in 2021 were:

- Mennonite Congregation in The Hague, The Netherlands
- Many gifts from individual persons in The Netherlands
- Mennonite World Work, organization for solidarity and peace, The Netherlands
- Protestant Churches in The Netherlands: Rijswijk, Maastricht
- Mennonite Children Support Fund
- Mennonite Fund “De Oranjeappel”
- Mennonite Congregation Zuid-Limburg
- Anonymous Foundation in the Netherlands
- Dowilfo, a Mennonite Fund
- Mennonitische Hilfe, Germany
- Mare Fund Rijswijk
- Mennonite Foundation for Health Care
- Johannes Church Community Amersfoort

We thank God and everybody who is willing to support Bethsaida.

YOUR GIFT SAVES LIVES

11. Top-ten diseases

Malaria
Corona
Urine Tract Infection
Diarrhoea
Schistomiasis
Intestinal worms
Anaemia
Clinical Aids
Pneumonia
Pelvic Inflammatory Disease
Tuberculosis



12. Special Visitors

1. Public Service International (PSI) Mara: they came 4 times (quarterly basis) for supportive supervision about Cervical Cancer screening and Contraceptive procedures.
2. NSSF: 3x for discussions about payments.
3. Workers Compensation Fund (WCF) Officer from Dar es Salaam: Mrs Agnes Mbumila. She came for discussions about payments issues.
4. NHIF Mara: they came 1 time for supervision.
5. RHMC (Regional Health Management team – RNO Mara): 1x for supervision: for quality improvement and baseline assessment.
6. Jhpiego (to pronounce: Japaigo) / US Aid: 2 x for quality improvement and plan of action; they work with Nursing Departments; they do trainings on the job also.
7. Musoma Municipal Trade Officer: dealing with matters of procurement.
8. Manager of Health and Social Work from Dar es Salaam 2x for star rating assessment; Bethsaida got 2 stars out of 5
9. Aids Relief: 2 x for assessment about having a CTC; they brought HIV test kits for free.
10. APHTA: they invited us about keeping good records. They come for data collection and supervision.
11. Peacemakers for Albinism for health education about Albinism to spread this knowledge in the area. Bethsaida treats them because of this knowledge in case they need medical treatment.
12. The medical supervisor Dr.Chirangi came several times for supervision.
13. PPP Coordinator Musoma, Yusuf G. Makena,
14. District Nursing Officer with a team for mentorship and supervision.
15. Drug and Food Authority: inspection of Drugs.
16. Musoma Municipal Counsel: for environmental supportive supervision, also for the lab where they initiated the clinic for TB.
17. Marie Stopes Foundation, they do the outreach Family Planning.
18. Pyramid Tanzania: they came for machines services: the Biochemistry Machine and the Haematology Machine.
19. BRN, Big Results Now assessment from external auditors of the Government.
20. Bulk Fire Engineering Company Ltd.
21. Ward Executive Officer, how Bethsaida is performing.
22. Directors of the Royal Specialized Polyclinic.

13. Cooperation with other organizations

1. Doopsgezind WereldWerk (dgWW, The Netherlands): general support.
2. Municipality of Musoma: provision of RCHC needs like vaccines, family planning methods.
3. Public Service International (PSI): for Family Planning and seminars for workers. Through this organization Millicent Rabach, the Matron of Bethsaida was trained for giving services as Long Acting Reversible Contraception (LARC) and Cervical Cancer Screening. Because of Corona they stopped their services but they will start again according to our information.
4. APHTA: Association for Private Health Sector in Tanzania: representing the Private Health Care sector towards the government for matters as the PPP. Furthermore they help with medical materials, they organize relevant seminars. From APHTA I learned that in the whole MARA region of which Musoma is the capital, there is no Private Health Institution like Bethsaida which has a Public Private Partnership signed with the local Musoma Government. APHTA organized many meetings with this local government and their members but up to today there was no concrete result.
5. NHIF: this is the National Health Insurance Fund. We have a contract with them. 75% of all our patients are under NHIF.
6. Anglican Church. They work on Home Care for HIV/Aids patients and when necessary they always bring their patients to Bethsaida.
7. Musoma Referral Hospital, in all kind of ways.
8. DMO, the District Medical Officer from Mara Region.
9. DNO, Mrs Koku, District Nursing Officer (Musoma).
10. RNO, Regional Nursing Officer (Mara). Mr. Francis Mwanisi
11. Lake Victoria Disability Centre, Musoma
12. District executive officer of Kwangwa area.

The new building inside from front to back.



14. Challenges 2022

- Open a CTC Department. This is for Counselling and Testing persons who might be HIV infected. If we have room, this service will be established by the government. *We are waiting until the new building is ready. Than we can use the 3 small rooms that are presently in use of RCH.*
- Dentist, this will be realized when the new rooms are constructed. By that time there will be a room available inside the main building.
- Financial problem, the centre is a NGO, and most of our patient come from poor families which make us run out money for Drugs (Medications), non consumables materials and reagents very easily. Although 80 % of our patients are under the National Health Insurance Fund, the problem is that this Insurance does not pay on a regular basis. This year it took them 9 month to start paying.
- Millicent Rabach, our matron, should follow a ultrasound course. This will bring again an extra income to Bethsaida.
- To become a Diagnostic Health Centre together with the Royal Specialized Polyclinic Through an Memorandum of Understanding or an agreement.
- We will try to get a CT Scan and an endoscope through Philips for diagnostic purpose and to become more sustainable. Together with the Royal Specialized Polyclinic we can run these machines.

A twin who came by total surprise!



15. In Bethsaida are already the following possibilities available:

Medical Diagnostic machines

Ophtalmic machines
Cardio-echo machine
ECG machine
Ultrasound machine

Theatre

Anaesthesia machine
All theatre materials and equipments
Oxygen machine, suction machines
Theatre lamps

Cervical Cancer Screening and Treatment Service

RCHC department

Normal Polyclinic Service

Home Based Care Service

Wards for admission

More - Persons room
Private Rooms with a bathroom
Single persons rooms

Maternity Ward

Postlabour room
Delivery room
Antinatal room
Resuscitation table for babies including a red lamp
Couveuze
Doppler machine

Laboratory

Haematology machine,
Biochemastry machine,
Culture machine,
Sterilizers,
Binocular Microscope
Four-Ocular Microscope
Fridge,
Waterbath,
Rotating machine.

Pharmacy